

## GRAB & GO BAG

If you have to immediately leave your home after a disaster you need a Grab-n-go bag to see you through the next 12-24 hours. It should be personalized for each member of your family, including infants. Store your supplies in a backpack so you are free to carry other items, hold a child's hand or assist someone else. Consider what you can comfortably carry. Check out [www.nsem.info](http://www.nsem.info) for more information on preparedness.



### Remember to always take your cell phone with you.

- |                                                                               |                                                                                                                         |
|-------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Food (ready to eat)                                  | <input type="checkbox"/> Personal toiletries                                                                            |
| <input type="checkbox"/> Bottled water                                        | <input type="checkbox"/> Book/game/toys                                                                                 |
| <input type="checkbox"/> Flashlights (consider a headlamp to keep hands free) | <input type="checkbox"/> Small first aid kit                                                                            |
| <input type="checkbox"/> AM/FM Radio (battery powered or crank)               | <input type="checkbox"/> Extra pair of eye glasses                                                                      |
| <input type="checkbox"/> Batteries for flashlight and radio                   | <input type="checkbox"/> Emergency cash in small denominations                                                          |
| <input type="checkbox"/> Medications                                          | <input type="checkbox"/> Local map                                                                                      |
| <input type="checkbox"/> Extra clothes (think season)                         | <input type="checkbox"/> Whistle                                                                                        |
| <input type="checkbox"/> Emergency blanket and poncho                         | <input type="checkbox"/> Out of area contact card                                                                       |
| <input type="checkbox"/> Pen and small notepad                                | <input type="checkbox"/> Copy of important documents, pictures etc. (Consider using a USB drive or external hard drive) |
| <input type="checkbox"/> Extra cell phone charger                             |                                                                                                                         |

## PET GRAB & GO BAG

- Portable kennel or cage (which can be used to store all pet supplies)
- Food
- Water
- Plastic bags to collect and dispose of wastes
- Food and water dishes
- Pet toys and treats
- Collar, chain, leash or harness
- Pet health and vaccination records
- Blanket
- Picture of your pet
- Copies of important documents such as pet care, pet vaccines etc.

