

WORK EMERGENCY KIT

Safety at work will help ensure a safe return home to your family. Be prepared to turn your workplace into a temporary shelter. The following items will fit into a standard athletic bag or backpack to keep at work. Be sure to add in any additional supplies you may need. If you have to evacuate the building, use this bag as a Grab n Go bag. In all emergency situations, protecting the life and personal safety of employees, clients and visitors takes precedence over protecting property. Check out www.nsem.info for more information on preparing for disasters.



Supplies

- Flashlights (lanterns for overall lighting, headlamps to keep hands free)
- Extra alkaline batteries (stored in original packaging for flashlight and radio)
- Safety goggles or glasses
- Medications
- Light sticks
- Whistle (3 short blasts for help)
- Book/game/cards
- Hard hat for falling debris
- Personal toiletries (tissue, soap, toothpaste, toothbrush, deodorant)
- AM/FM radio (windup and/or battery operated)
- Out of area contact card
- Bottled water (minimum 4 liters)
- Food (ready to eat)
- Emergency blanket & poncho
- Change of clothes (think seasonal)
- Sturdy walking shoes, socks
- Leather palmed work gloves
- Dust Mask
- Emergency cash in small denominations

If you cannot return home consider planning in advance:

- Alternate accommodation arrangements with co-workers, family or friends
- Designated person(s) to pick up and care for your children and pets

